Femur/Pelvis Fracture Episode Executive Summary

Episode Design

- Trigger: femur/pelvis fracture procedure
- **Quarterback type:** professional (provider who performs the procedure)
- Care included: all related care, including anesthesia, imaging and testing, surgical and medical procedures, evaluation and management, and medications

Sources of Value

- Appropriate imaging and testing (e.g., only MRI or CT scans when necessary)
- Appropriate pre-operative management (e.g., antibiotics, analgesics, limiting opioids)
- Perioperative patient risk stratification and medical optimization (e.g., hemoglobin, sodium levels)
- Appropriate selection of surgical intervention and hardware
- Appropriate rehabilitation and early mobilization
- Patient education during discharge planning
- Discharging to appropriate post-acute setting
- Timely follow-up care with orthopedic surgeon and/or primary care physician
- Resolution of symptoms and restoration of functionality
- Post-operative management (e.g., limiting controlled substances)
- Reduce direct procedural (e.g., wound complications, peri-prosthetic fractures/dislocations) and other medical complications (e.g., DVT, embolism, infections)

Episode Duration

Pre-Trigger

Trigger

Post-Trigger

No pre-trigger window

Duration of the episodetriggering visit or stay Post-trigger window 1: 30 days, beginning after discharge from hospital Post-trigger window 2: 60 days, beginning after post-trigger window 1

Quality Metrics

Tied to Gain-Sharing

[This section is not applicable to this episode.]

Informational Only

- Related follow-up care
- Difference in average morphine equivalent dose (MED) per day
- Average MED/day during the pre-trigger opioid window
- Average MED/day during the episode post-trigger opioid window
- Related readmission
- ED visit
- Complication
- Mortality
- Opioid and benzodiazepine prescriptions

Making Fair Comparisons

Exclusions

- Business exclusions: DCS custody, inconsistent enrollment, third-party liability, dual eligibility, FQHC/RHC, no PAP ID, incomplete episodes, overlapping episodes
- Clinical exclusions: different care pathway (e.g., severe trauma, malunions/nonunions, coma, paralysis, open femur/pelvis fracture, non-elective, total hip replacement-triggered)
- Patient exclusions: age (greater than 64 years old), death, left against medical advice
- High-cost outlier: episodes with risk-adjusted spend greater than three standard deviations above the average risk-adjusted episode spend for valid episodes are excluded.

Risk adjustment is used to ensure appropriate comparisons between patients.

